

## COMPANION ANIMALS AND CHILDREN HEALTH IN ALBANIA

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### Abstract

Domestic animals share our environment in variety of ways. One of this ways is as companions in and around children environment or their homes. Although a wide variety of species are kept in households for this purpose, the great majority are dogs and cats. Sharing our environment with such animals has a profound effect on the health of the humans concerned. As keeping companion animals is very widespread activity, but in Albania country about 30% of companions animals are abandoned and are many danger for human health as like as children health that in many cases played with them. There are many statistics data and many cases about zoonotic diseases with high incidence and prevalence for school children. Our aim study is to be education and to be indicated to children school to be prevention from zoonotic diseases from companion animals as like as leishmaniasis, echinococcosis, toxoplasmosis, rabies etc. Ours study included the analytically of database and small animal clinics records and database of zoonotic of small animals and epidemiology data about children zoonotic diseases from danger small animals that taken in school, street and home environment. Of the negative aspects of companion animal ownership as it effects human health, there is an important distinction which needs to be made A positive attitude has to be taken to maximize the benefits of companionship with the positive psychological and physiological changes, improved social development, better physical health and the use of assistance animals. With sustained efforts to minimize the negative aspects of communicable disease, aesthetic offence, bites, scratches as well as environmental pollution, a satisfactory balance can be achieved to make a significant contribution towards a better quality of life for owners and all who come into contact with their animals.

**Keywords:** *children, education, small animals, prevention, human health, zoonotic diseases*